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Cyber-safety addresses the ability to act in a safe and responsible manner on the Internet and other connected environments. These behaviors protect personal information and reputation, include safe practices to minimize danger from behavioral-based rather than hardware/software-based problems.

# Physical and Psychological Well-being:

Students practice safe strategies to protect themselves and promote positive physical and psychological well-being when using technology, technology systems, digital media and information technology, including the Internet.

	Basic	Intermediate	Proficient
Students will:  A. Recognize online risks, make informed decisions, and take appropriate actions to protect themselves while using technology, technology systems, digital media and information technology	Safe and Responsible Practices  Recognize safety issues related to technology, technology systems, digital media and information technology including the Internet (e.g., online predator tactics, posting controversial content).  Use safe practices related to technology, technology systems, digital media and information technology including the Internet.  Recognize and understand the purpose of protection measures (including filtering systems) for various types of technology, technology systems, digital media and information technology.	Safe and Responsible Practices  Recognize and discuss safety issues related to technology, technology systems, digital media and information technology, including the Internet (e.g., online predator tactics, posting controversial content).  Use safe practices and procedures related to technology, technology systems, digital media and information technology including the Internet.  Explain the purpose of protection measures for technology, technology systems, digital media and information technology.	Safe and Responsible Practices  Recognize and discuss safety issues* related to technology, technology systems, digital media and information technology including the Internet (e.g., online predator tactics or posting controversial content).  Use safe practices and procedures related to technology, technology systems, digital media and information technology including the Internet.  Explain the purpose of and analyze the use of different protection measures for technology, technology systems, digital media, and information technology.
B. Make informed decisions about appropriate protection methods and secure practices within a variety of situations.	Adhere to privacy and safety guidelines, policies, and procedures.  Discuss the potential for addictive behaviors and the excessive use of technology and Internet.	Adhere to privacy and safety guidelines, policies, and procedures.  Describe technology and Internet addictive behaviors.  Describe procedures for	Adhere to privacy and safety guidelines, policies, and procedures.  Describe and practice procedures for disciplined and productive Internet use (e.g., balance between time

- Describe procedures for exiting an inappropriate
- Describe procedures for reducing your chances of being a victim of cyberbullying.
- Describe procedures for reporting cyber-bullying and other inappropriate
- exiting an inappropriate site.
- Describe procedures for reducing your chances of being a victim of cyberbullying.
- Describe effective steps to manage and resolve a cyber-bullying situation.
- on and off the Internet).
- Describe and practice procedures for exiting an inappropriate site.
- Describe and practice procedures for reducing the chance of becoming a victim of cyber-bullying.
- Describe and practice effective steps to manage

	behavior or content.	Model understanding about current safety needs.	and resolve a cyber-bullying situation.
C. Demonstrate and advocate for safe behaviors among peers, family, and community.		Model personal safety within a variety of situations.	<ul> <li>Demonstrate and advocate for safe behaviors among peers, family, and community.</li> <li>Model personal safety within a variety of situations.</li> <li>Demonstrate commitment to stay current on safety issues and effective protection practices.</li> </ul>

# iKeepSafe Blog

View Blog

Oct 11, 2016

### My Cyber Foray: NICE National K12 Cybersecurity Education Conference 2016

If I were a worrying kind of person, which I'm not, and I was concerned about digital theft, which I am, I would have made sure to attend the NICE National K12 Cybersecurity Education Conference this week (October 6-7, 2016) in Arlington, Virginia. And attend I did, but not as someone who is afraid of...Continue Reading

Aug 22, 2016

## How Kids Use Ghost Apps to Hide Information

By Hilary Smith Today's kids are spending more time than ever on their smartphones. In fact, it's estimated teens spend around nine hours per day on their phones, while tweens clock in at six hours per day. What could they possibly be doing for six to nine hours per day on their phones? That's exactly...Continue Reading

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#### **iKeepCurrent**

Who says learning about digital safety has to be boring? Not us. That's why we've created the iKeepCurrent Newsfeed. It's a constant source of headline-inspired curricula and professional development mixed with fresh, entertaining content to ignite discussion between educators and students. Even though digital safety is a serious subject, that doesn't mean it can't be engaging and fun. Learn more.

#### Learn More

#### **Generation Safe**

Protect your students and prepare them for full digital citizenship while limiting exposure to your school.Generation Safe $^{\text{TM}}$  is the only scalable, cloud-based system of its kind to help you holistically integrate digital literacy into their curriculum and policies.

### Learn More

### **Digital Literacy**

Digital Citizenship combines the legacy of 75 years of media literacy with the 21st century digital literacy required to navigate technology today. The resources will help you understand what youth need to know to become full, resilient digital citizens.

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